



**908-317-KICK**  
**MARTIAL ARTS AMERICA**  
**CLASS SCHEDULE**  
**SEPTEMBER 2022 – JUNE 2023**



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
		<b>2:45PM-6:00PM</b> JCC TKD PROGRAMS	<b>4:30PM-5:00PM</b> INSTRUCTOR TRAINING 1 <sup>ST</sup> & 3 <sup>RD</sup> THURSDAY OF EVERY MONTH IN-PERSON OR ZOOM		<b>SPECIAL NOTE</b> Saturday classes reserved for tournament prep, demonstrations, birthday parties, & seminars only.
<b>4:30PM-5:00PM</b> BLACK BELTS WEAPONS	<b>4:30PM-5:00PM</b> LITTLE NINJAS	<b>4:00PM-4:30PM</b> ORANGE & YELLOW BELTS	<b>4:30PM-5:00PM</b> LITTLE NINJAS	SPECIAL SEMINARS	RESERVED
<b>5:00PM-5:45PM</b> ORANGE & YELLOW BELTS	<b>5:00PM-5:30PM</b> WHITE BELTS	<b>4:30PM-5:15PM</b> BROWN & RED BELTS	<b>5:00PM-5:30PM</b> WHITE BELTS	SPECIAL SEMINARS	RESERVED
<b>5:45PM-6:15PM</b> WHITE BELTS	<b>5:30PM-6:15PM</b> CAMO & GREEN BELTS	<b>4:30PM-5:15PM</b> BLACK BELT CLUB 3 <sup>RD</sup> WEDNESDAY OF EVERY MONTH	<b>5:30PM-6:15PM</b> ORANGE & YELLOW BELTS	SPECIAL SEMINARS	RESERVED
<b>6:15PM-6:45PM</b> CAMO & GREEN BELTS	<b>6:15PM-7:00PM</b> PURPLE & BLUE BELTS	<b>5:15PM-6:15PM</b> JIU-JITSU / GRAPPLING	<b>6:15PM-7:00PM</b> CAMO, GREEN, PURPLE, BLUE, BROWN & RED SPARRING		RESERVED
<b>6:45PM -7:15PM</b> PURPLE & BLUE BELTS	<b>7:00PM-7:30PM</b> BROWN & RED BELTS	<b>6:15PM-7:15PM</b> BLACK BELTS 2 <sup>ND</sup> DEGREE & UP	<b>7:00PM-8:00PM</b> BLACK BELTS CROSS TRAINING		RESERVED
<b>7:15PM-8:15PM</b> ALL RANKS ADULT TKD	<b>7:30PM-8:30PM</b> BLACK BELTS 1 <sup>ST</sup> DEGREE	<b>7:15PM-8:15PM</b> CARDIO KICKBOXING	<b>8:00PM-9:00PM</b> ALL RANKS ADULT TKD		RESERVED

BLACK BELT & ADULT CLASSES ARE SHADED LIGHT BLUE